



UPPER ISLAND ASSESSMENT AND RESOURCE SERVICE

TRAINING OPPORTUNITY FOR EFAP REPS / WORK SITE CONTACTS

BASIC EFAP TRAINING

The success of your Employee and Family Assistance Program (EFAP) depends on employees knowing what the EFAP program can offer them and feeling comfortable in reaching out for assistance.

Content for this basic training includes:

- ▶ Understanding the EFAP/ARS model
- ▶ Understanding your role as an EFAP rep, shop steward, supervisor or work site contact.
- ▶ Familiarizing participants with the services and staff of the Upper Island Assessment and Resource Service.
- ▶ Reviewing components of an effective EFAP program and developing a plan to integrate the plan into your worksite.
- ▶ Learning specific strategies or tools to effectively maintain EFAP awareness in your workplace.

WHEN: Tuesday, November 23, 2010 9:00 a.m. to 3:00 p.m.

WHERE: 830 – 14th Avenue (Labour Centre), Campbell River

COST: \$50.00 per person (includes lunch)

WAYS TO REGISTER:

1. use contact us page on website www.upperislandars.com
2. email info@upperislandars.com
3. phone: 250-287-2266 (CR) or 250-338-4533 (CV) or 250-956-3144 (Pt McNeill)
toll-free 1-866-789-2266

(Registration Deadline: November 16, 2010)